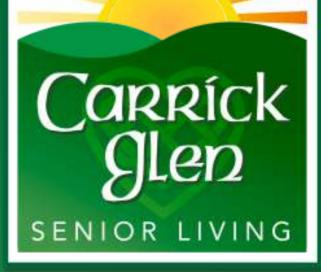
Compassion. Comfort. Community.





#### CarrickGlenSeniorLiving.com

## Independent Living at **Carrick Glen**

- One, two and three bedroom options
- Garage available with some floor plans
- Furnished kitchen and laundry
- 24 hour monitored emergency call services and fire alarm monitoring
- Electric, gas, water, sewer available
- Garbage pickup provided by city service
- Maintenance and repairs
- Planned social activities and excursions
- Dining and housekeeping options available

## Assisted Living Services & Amenities

- Three daily meals served in our cozy, restaurant-style dining room
- Housecleaning and weekly linen service
- Assistance with activities of daily living
- 24-hour medication and staff assistance
- 24-hour emergency call system and fire detection
- 24-hour building security
- Convenient, on-site parking
- Utilities included/telephone and cable options
- Scheduled transportation
- Maintenance free lifestyle
- Kitchenettes with microwave and refrigerator
- Individually controlled heat/air
- Planned social activities and excursions
- Private dining room
- Regular religious services
- Library and book club
- Assistance with daily living including dressing and dietary



## **Memory Care Services**

- Secure building for the physical safety of all Residents
- Specialized staff training and programming
- Therapeutic environment for Resident self-programming
- *Country kitchen* nurse station for Resident orientation
- Open plan with interior walking loop for Resident movement
- Dining, lounging, and activities areas for

lifestyle enrichment

- Protected courtyard
- Beauty/barbershop
- 24-hour building security
- Resident monitoring systems
- Assistance for personal needs
- Medication management
- Full dining services
- Full-range of social activities
- Housekeeping, laundry, and maintenance

# Loving Life

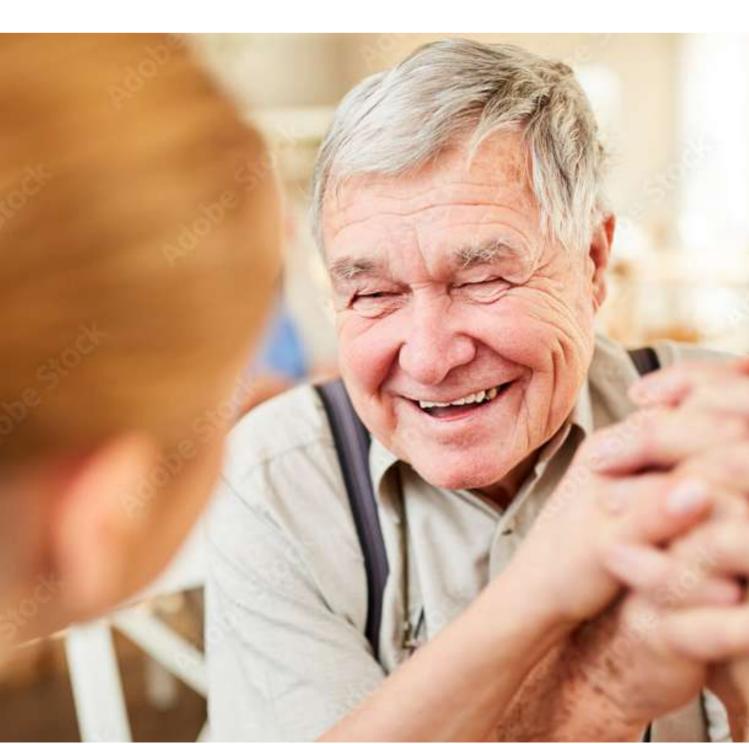
We are a community of readers and writers, gardeners, educators and lifelong learners. Whatever your passion or interest, there are people and programs here to help you pursue them.

Staff members are committed to loving and supporting your loved ones – and it shows!

# Our Approach

Our approach at Carrick Glen is unwavering. At our core you will find our atmosphere supports the spiritual, emotional, social, physical, and intellectual needs of each resident. We understand that every resident is unique which is why our team members focus on personalized care.

Come find your home with us at Carrick Glen.

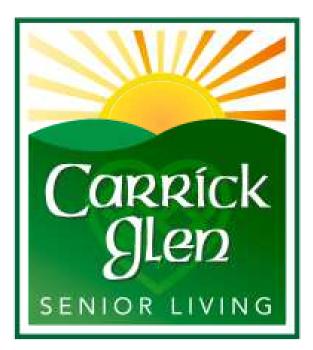


Carrick Glen is located in beautiful Mt. Juliet, Tennessee. Our neighborhood is conveniently located just a few minutes from a variety of parks, coffee shops, restaurants, grocery stores, churches, banks and medical centers. Our hope is that you experience the finest of care and community as you start a new chapter of life with us.



Carrick Glen is a one-story senior community with a variety of suites

designed to allow our Residents to live life to the fullest. There are common areas for activities and special events to support an active lifestyle; a memory care neighborhood with a therapeutic environment; villas with a diversity of floor plans, and a dining room that will make every meal a celebration of living.



### We invite you to join our family. It's a beautiful place to call home.



#### Stay connected and follow

Carrick Glen Senior Living on Facebook to discover the latest news about our senior living community!

Carrick Glen Senior Living 100 Carrick Court | Mt. Juliet, TN 37122 615.471.7351 CarrickGlenSeniorLiving.com