

# Memory Care

# January Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Birthdays
		<b>2</b> 8:30am Life Skills 10am Walking Club 11am Coloring Craft 2:15pm Sarah Donovan	<b>3</b> 8:30am Life Skills 10am Music 11am Puzzle Time 1pm Sensory Time	<b>4</b> 8:30am Life Skills 10am Chair Exercise 11am Step Back In Time 2:15pm Bill Sleeter	<b>5</b> 8:30am Life Skills 10am Friday Fitness 11am Craft Time 1pm Hot Cocoa Social 3pm Movie	<b>6</b> Game Day! Family Visits Independent Activities	
<b>7</b> Game Day! Family Visits Independent Activities	<b>8</b> 8:30am Life Skills 10am Monday Moves 11am Puzzle Time 12:30pm Walking Club 1pm Making Snow	<b>9</b> 8:30am Life Skills 10am Tuesday Toning 11am Painting 1pm Bingo	<b>10</b> 8:30am Life Skills 10am Music w/Abby 11am Our Pets 12:30pm Walking Club 1pm Sensory Time	<b>11</b> 8:30am Life Skills 10am Chair Exercises 11am Word Puzzles 1pm Bingo	<b>12</b> 8:30am Life Skills 10am Spa Day 12:30pm Walking Club 2pm Movie & Popcorn	<b>13</b> Game Day! Family Visits Independent Activities	
<b>14</b> Game Day! Family Visits Independent Activities	<b>15</b> <b>Martin Luther King Day</b>  10am Monday Moves 12:30pm Walking Club 2:15pm Music Time	<b>16</b> 8:30am Life Skills 10am Tuesday Toning 11am Cookie Craft & Hot Coco 1pm Bingo	<b>17</b> 8:30am Life Skills 10am Music 11am Puzzle Time 12:30 pm Walking Club	<b>18</b> 8:30am Life Skills 10am Chair Exercise 10:30am Tea Party 1pm Bingo	<b>19</b> 8:30am Life Skills 10am Friday Fitness 11am Bow Making 12:30pm Walking Club 1pm Movie Time	<b>20</b> Game Day! Family Visits Independent Activities	
<b>21</b> Game Day! Family Visits Independent Activities	<b>22</b> 8:30am Life Skills 10am Monday Moves 11am Puzzle Time 12:30pm Walking Club 1pm Making Snow	<b>23</b> 8:30am Life Skills 10am Tuesday Toning 11am Puzzle Time 1pm Bingo	<b>24</b> 8:30am Life Skills 10am Music w/Abby 11am Puzzle Time 1pm Crochet Time	<b>25</b> 8:30am Life Skills 10am Chair Exercise 11am Shopping in MC 1pm Bingo	<b>26</b> 8:30am Life Skills 10am Friday Fitness 11am Crochet Club 12:30pm Walking Club 1pm Movie Time	<b>27</b> Game Day! Family Visits Independent Activities	
<b>28</b> Game Day! Family Visits Independent Activities	<b>29</b> 8:30am Life Skills 10am Monday Moves 11am Puzzle Time 12:30pm Walking Club 1pm Making Snow	<b>30</b> 8:30am Life Skills 10am Tuesday Toning 11am Cookie Craft 1pm Bingo	<b>31</b> 8:30am Life Skills 10am Music 11am Make A Snowman 1pm Movie & Popcorn				

All Activities are subject to change