

# July Memory Care Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Birthdays
	<b>1</b> 8:30am Life Skills 10am Monday Moves 11am Food Fun 1pm Activity Cart	<b>2</b> 8:30am Life Skills 10am Tuesday Toning 11am BINGO 1:30pm One On One	<b>3</b> 8:30am Life Skills 10am Music Time 11am Painting Project 2pm Movie & Popcorn	<b>4</b> 4th of July	<b>5</b> 8:30am Life Skills 10am Music Time 11am Bonus BINGO 2pm Porch Sittin' & Ice Cream	<b>6</b> Family Visits Independent Activities	
<b>7</b> Family Visits Independent Activities	<b>8</b> 8:30am Life Skills 10am Monday Moves 11am Activity Cart 1pm Bird Watching	<b>9</b> 8:30am Life Skills 10am Tuesday Toning 11am BINGO 2pm Music Group	<b>10</b> 8:30am Life Skills 10am Music w/Abby 11am Ring Toss Game 1pm Porch Sittin' & Ice Cream	<b>11</b> 8:30am Life Skills 10am Chair Exercise 11am BINGO 1pm Garden Time	<b>12</b> 8:30am Life Skills 10am Friday Fitness 11am Bonus BINGO 2pm Movie & Popcorn	<b>13</b> Family Visits Independent Activities	
<b>14</b> 3:45pm Mt Juliet Church of Christ Family Visits Independent Activities	<b>15</b> 8:30am Life Skills 10am Monday Moves 11am Food Fun 1pm Activity Cart	<b>16</b> 8:30am Life Skills 10am Tuesday Toning 11am BINGO 2:45pm Sarah Donovan	<b>17</b> 8:30am Life Skills 10am Music Time 11am Painting Project 1pm Porch Sittin' & Ice Cream	<b>18</b> 8:30am Life Skills 10am Chair Exercises 11am BINGO 1pm Garden Time	<b>19</b> 8:30am Life Skills 10am Friday Fitness 11am Bonus BINGO 2pm Movie & Popcorn	<b>20</b> Family Visits Independent Activities	
<b>21</b> Family Visits Independent Activities	<b>22</b> 8:30am Life Skills 10am Monday Moves 11am Activity Cart 1pm Bird Watching	<b>23</b> 8:30am Life Skills 10am Tuesday Toning 11am BINGO 1:30pm One On One	<b>24</b> 8:30am Life Skills 10am Music w/Abby 11am Card Game 1pm Porch Sittin' & Ice Cream	<b>25</b> 8:30am Life Skills 10am Chair Exercises 11am BINGO 1pm Garden Time	<b>26</b> 8:30am Life Skills 10am Friday Fitness 11am Bonus BINGO 2pm Movie & Popcorn	<b>27</b> Family Visits Independent Activities	
<b>28</b> Family Visits Independent Activities	<b>29</b> 8:30am Life Skills 10am Monday Moves 11am Food Fun 1pm Activity Cart	<b>30</b> 8:30am Life Skills 10am Tuesday Toning 11am BINGO 1:30pm One On One	<b>31</b> 8:30am Life Skills 10am Music Time 11am Painting Project 1pm Decorate for August				

All Activities are subject to change