

2025 November

Assisted Living



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Remember all activities are subject to change!!

2

2:00pm Victory
Baptist Church
6:00pm - Movie

3

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
1:30p- Nail Salon
2:30pm- Bingo

4

8:30am- Coffee & Convo
10:00am- **Senior Center Choir**
11:15am- Word Games
2:30 - Po*Ke*No

5

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
2:30pm- Bingo

Dress to impress day!

6

8:30am- Coffee & Convo
9:15am- Seated Exercise
10:00am- Word Games
1:30p- Bridge/Cards
2:30 - Po*Ke*No

7

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
1:30pm- Devotional
2:30pm - BINGO

1

9
Independent Activity
• Coloring
• Word search
• crosswords
2:00pm-cards
3:00pm- Dominos

8

9:00am- Chair Yoga
Independent Activity
• Coloring
• Word search
• crosswords
2:00pm-cards
3:00pm- Dominos

9

4:00pm Mt. Juliet Church
of Christ
6:00pm Movie

10

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
1:30p- **Jessica June Music**
2:30pm- Bingo

11

8:30am- Coffee & Convo
10:00am- Seated Exercise
11:00am- Word Games
1:30pm- Nail Salon
2:30 - Po*Ke*No

Veteran's Day! Wear red, white & blue

12

8:30am-Coffee and Convo
9:15am - Seated Exercise
10:00am - Word Games
11:00am- Chef's Corner
2:30pm - BINGO

World Kindness Day

13

8:30am- Coffee & Convo
9:15am- Seated Exercise
10:00am- Word Games
11:00am- **All resident Town Hall**
2:30 - Po*Ke*No

14

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
11:00am- **The Golden Exchange**
1:30pm- Devotional
2:30pm - BINGO

15

9:00am- Chair Yoga
Independent Activity
• Coloring
• Word search
• crosswords
2:00pm-cards/bridge
3:00pm- Dominos

16

2:00pm Grace Walk
Church
6:00pm - Movie

17

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
1:30pm- Nail Salon
1:30pm- 2:30pm- Bingo

18

8:30am- Coffee & Convo
10:00am- Seated Exercise
11:00am- Word Games
2:30 - Po*Ke*No

19

8:30am- Coffee & Convo
9:15am- Seated Exercise
10:00am- Word Games
1:00pm- Bravo Theatre
2:30pm-BINGO

Wear your favorite clothing item!

20

8:30am- Coffee & Convo
9:15am- Seated Exercise
10:00am- Word Games
12:00pm- **Thanksgiving Luncheon Family**
1:30pm-**Steel Drums Live**
1:30pm- Bridge/Cards
2:30 - Po*Ke*No

21

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
1:30pm- Devotional
2:30pm- BINGO

22

9:00am- Chair Yoga
Independent Activity
• Coloring
• Word search
• crosswords
2:00pm-cards
3:00pm- Dominos

23

2:00pm
Lebanon
Road Church
of Christ
6:00pm -
Movie

30

24

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
1:30p- Nail Salon
2:30pm- Bingo

25

8:30am- Coffee & Convo
10:00am- Seated Exercise
11:00am- Word Games
1:45p- **Dean Patrick Live**
2:30 - Po*Ke*No

26

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
2:00pm -**Birthday Bash**
2:30pm- Bingo

Cozy Sweater Day

27

Thanksgiving break
Independent Activities:
• coloring sheets
• word search
• word unscramble

28

8:30am- Coffee & Convo
9:15am - Seated Exercise
10:00am - Word Games
11:00am-The Golden Exchange
1:30pm- Devotional
2:30pm - BINGO

29

Independent Activity
• Coloring
• Word search
• crosswords
2:00pm-cards/bridge
3:00pm- Dominos