

# January 2026

# Assisted Living

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

All activities subject to change!

**1**  
10:00am- Independent workout  
11:00am- Crosswords for pick up  
1:30pm- Coloring sheets for pick up  
2:00pm- Cards set out for playing  
6:00pm- Movie after dinner

**2**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
11:00am- Word Games  
1:30pm- Devotional  
2:30pm - BINGO

**3**  
9:00am- Chair Yoga  
Independent Activity  
• Coloring  
• Word search  
• crosswords  
1:00pm-cards  
3:00pm- Dominos

**4**  
2:00pm Victory Baptist Church  
6:00pm - Movie

**5**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am-Seated Exercise  
11:00am- Word Games  
1:30pm- Nail Salon  
2:30pm- Bingo

**6**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:00am- Word Games  
2:30 - Po\*Ke\*No(Matt or Dylan)

**7**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
10:30am-**Worship Service with Raymond Vogner**  
2:30pm- Bingo(Matt or Dylan)

**8**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:15am- Word Games  
1:30pm- **Jessica June music!**  
2:30 - Po\*Ke\*No

**9**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
11:00am- Word Games  
11:00am- **FREE Market**  
1:30pm- Devotional  
2:30pm - BINGO

**10**  
9:00am- Chair Yoga  
Independent Activity  
• Coloring  
• Word search  
• crosswords  
1:00pm-cards  
3:00pm- Dominos

**11**  
4:00pm Mt. Juliet Church of Christ  
6:00pm Movie

**12**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am-Seated Exercise  
11:00am- Word Games  
1:30pm- Nail Salon  
2:30pm- Bingo

**13**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:15am- Word Games  
1:30pm- Nail Salon  
2:30 - Po\*Ke\*No

**14**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am- Seated Exercise  
11:00am-**Chef's corner**  
2:30 - BINGO

**15**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:15am-**All Resident Town Hall**  
1:30pm- **Travis Wetzel Music**  
2:30 - Po\*Ke\*No

**16**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
11:00am- Word Games  
1:30pm- Devotional  
2:30pm - BINGO

**17**  
9:00am- Chair Yoga  
Independent Activity  
• Coloring  
• Word search  
• crosswords  
1:00pm-cards  
3:00pm- Dominos

**18**  
2:00pm Grace Walk Church  
6:00pm - Movie

**19**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am-Seated Exercise  
11:00am- Word Games  
1:30pm- Nail Salon  
2:30pm- Bingo

**20**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:15am- Word Games  
1:30pm- **Gabe DeMong Steel Drums!**  
2:30 - Po\*Ke\*No

**21**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
10:30am-**Worship Service with Raymond Vogner**  
2:30pm- Bingo

**22**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:15am- Word Games  
1:30pm- **Bill Sleeter Music**  
2:30 - Po\*Ke\*No

**23**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
11:00am- Word Games  
11:00am- **FREE Market**  
1:30pm- Devotional  
2:30pm - BINGO  
**6:30P-7:30PM- Family Night!**

**24**  
9:00am- Chair Yoga  
Independent Activity  
• Coloring  
• Word search  
• crosswords  
1:00pm-cards  
3:00pm- Dominos

**25**  
2:00pm Lebanon Road Church of Christ  
6:00pm - Movie

**26**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am-Seated Exercise  
11:00am- Word Games  
1:30pm- Nail Salon  
2:30pm- Bingo

**27**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:15am- Word Games  
1:30pm- Dean Patrick Live  
2:30 - Po\*Ke\*No

**28**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
10:30am-**Worship Service with Raymond Vogner**  
2:30pm- Bingo

**29**  
8:30am- Coffee & Convo  
10:00am- Seated Exercise  
11:15am- Word Games  
1:30pm- Nail Salon  
2:30 - Po\*Ke\*No

**30**  
8:30am- Coffee & Convo  
9:00am- Morning News  
10:00am - Seated Exercise  
11:00am- Word Games  
1:30pm- Devotional  
2:30pm - BINGO

**31**  
9:00am- Chair Yoga  
Independent Activity  
• Coloring  
• Word search  
• crosswords  
1:00pm-cards  
3:00pm- Dominos

